

# UNIVERSITY OF SAINT MARY

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# CHEERLEADING

## Tryout Information

### Tryouts March 6<sup>th</sup> at 10am

#### Member Selection Process

The USM Cheer Program will host a one-day tryout session each spring to assess the abilities, leadership skills and potential interest of qualified candidates.

Tryouts are intended to be a low stress event. For that reason they are conducted in a practice-like environment during which the level of each candidate's skills, talents and ability and will be evaluated.

Attendance by candidates at the tryout session is highly recommended; however, any individual who cannot attend the tryout session may submit videotape for consideration..

#### Minimum Qualifications for Tryouts

Persons who wish to tryout for a USM Cheer squad must meet the following minimum qualifications:

1. If an incoming freshman or transfer student, has completed the regular admissions application.
2. If a current USM student, has not been on disciplinary probation.

#### Selection Criteria

The Head Coach of the USM Cheer Program will select members for the Squad.

Members will be chosen based on the following criteria:

**Strong leadership qualities - Charismatic presence/personality - Confidence - Independence - Enthusiasm**

**Motions - Voice - Crowd involvement - Stunts - Ability to remember routines and stunts - Tumbling (not required)**

#### Video Format

Video Submissions should contain everything on the list below.

Video footage of candidate at a school sporting event, pep rally, or individual video

- o Must be a minimum of 30 seconds in length, and can be multiple events or a single event.
- o Have a Cheer with motions
- o Dance at least 3 8-counts
- o Stunting if available

Please call me if you have questions about the video tape.

#### Contact Information

##### Telephone

Morgan Parris  
Head Cheerleading Coach  
913-682-5151 ext 6414

##### Mail

University of Saint Mary  
Attn: Morgan Parris  
Cheerleading Coach  
4100 S 4<sup>th</sup> Street  
Leavenworth KS 66048

##### Internet

Web Address: [www.stmary.edu](http://www.stmary.edu) [www.gospires.com/cheerleading](http://www.gospires.com/cheerleading)  
Email: [parris68@stmary.edu](mailto:parris68@stmary.edu)

## Frequently Asked Questions

**What do I wear to the recruiting session?**

Squad		Attire
All Cheer Tryouts	Male	-Any Type of athletic shoes, shorts and blank T-shirt
	Female	-Appropriate athletics shoes, shorts ,sports bra and blank T-Shirt

**What time do I show up to the recruiting session?**

We recommend that everyone attending a tryout session show up a minimum of 5 minutes prior to the scheduled time.

**Is there a height and weight requirement?**

No!! We do not maintain a height and weight requirement.

**Are tryout sessions open to the public?**

Tryout Sessions are closed to the general public. Only members and potential members are allowed.

**Is the videotape required as a part of the tryout packet if you are going to attend the tryout in person?**

No. Videos are only required for an individual that cannot attend the tryout in person.

**Do I need to have a physical completed by a physician?**

No, you do not need to have a physical completed for the tryout process.

**If you have a questions that we did not answer in the FAQ or in the tryout material, please send your question to [parris68@stmary.edu](mailto:parris68@stmary.edu)**

